

Week 1:
Introductions

Connecting Activity

- What is your name?
- Why did you come to this class?
- Share about one of your favorite trips?

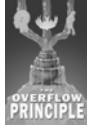




My Story

Walk through the class format and book

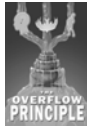
- Look at the book
 - Format
 - Assignment for next week
 - Questions
- Small Groups
 - Sliding Small Groups
 - First two weeks will be all together.
 - Third week we'll lock in the groups.
 - Fourth week we'll break out into groups at the end of the class.



Spiritual Formation is a Journey with Three Questions

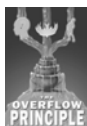


- Where Am I?
- Where Am I Going?
- How Will I Get There?



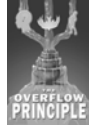
Where Am I? A Spiritual Formation Assessment

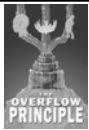
- *Worship*
- *Praying*
- *Studying God's Word*
- *Giving*
- *Sharing My Faith*
- *Serving*
- *Vital Friendships*



***Where Am I?
A Spiritual GPS***

- Invitation to check out VibbleSpace.com



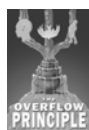


...as Yourself

We find it difficult to love God and others because we don't really love ourselves.

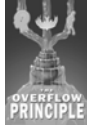
Two distorted self-perceptions

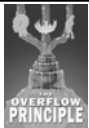
- *I am the center of the universe.
I deserve everything.*
- *I am worth nothing.
I deserve nothing.*
- Both are self-oriented.



The first key to Spiritual Growth is to see yourself how God sees you.

- *I am not the center of the universe, God is.*
- *I am a unique and valued being, created by God to contribute to the universe.*
- **God's Way is other-oriented.**





Next Week:

The Book: Session 1
